



JUMPING MOUSE SAFETY PROTOCOLS DURING COVID-19

Updated May 2022

The Jumping Mouse model is based on the trusted relationship between the therapist and the child and/or caregiver. This core value will be always at the center of our work and will guide us as we compassionately implement protocols with the following guiding principles:

- **To ensure the safety of our clients, staff, and community.**
- **To provide the best and most effective care for our kids, while minimizing the risk of spreading the coronavirus.**
- **To ensure that our services are sustainable for our therapists and organization.**

The following protocols are based on guidelines from Washington State, the Center for Disease Control (CDC), and in consultation with our local health department, Jefferson County Public Health.

FOR PARENTS AND CAREGIVERS

These are the guidelines for our in-person services. Before beginning in-person therapy or parent consult, your therapist will have a conversation with you to discuss:

- steps Jumping Mouse is taking to mitigate risks
- any potential concerns about vulnerable members of the family
- our protocol for when families arrive at Jumping Mouse (see below)

Masking: Jumping Mouse understands that nonverbal cues are a very important part of child-led expressive therapy. Recognizing the therapeutic benefit of one-on-one therapy without masks, child therapy can take place. The therapist will communicate first with the family about all potential risk factors and follow the family's decision.

Before arriving at Jumping Mouse:

Please screen your child (or yourself if you are the client) for symptoms before the appointment, including:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell

- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If experiencing any symptoms, you reschedule your appointment.

When you arrive at Jumping Mouse:

- Your therapist will meet you and your child in the parking lot. Jumping Mouse doors will remain locked during the day, but you can always call our office with any questions. Our office number is 360-379-5109.
- If caregivers remain at Jumping Mouse during their child's appointment, we ask them to wait in the parking lot. Your therapist will walk your child back out to the parking lot after their appointment.

PROTOCOLS TAKEN BY JUMPING MOUSE DURING COVID-19

Staffing:

- Before staff comes to Jumping Mouse, they will screen themselves and their households for the following symptoms:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea

If experiencing any symptoms, they will follow our county's guidelines.

Sanitation:

- Therapists will be sanitizing all toys, other items, furniture, surfaces, and spaces at the end of each day and between appointments when necessary. Jumping Mouse has purchased sanitizing tools used by daycares and schools for this task:
(<https://evaclean.com/products/protexus-cordless-electrostatic-sprayers>)

Ventilation:

- We will have a window open with a fan in it or a HEPA filter on during therapy sessions. The therapy rooms will also be aired out or filtered between therapy appointments for at least 15 minutes before the next client enters.
- Jumping Mouse will either have windows open or HEPA filters on throughout the facility (method dependent outside temperature).
- Bathroom fans will be on and windows open if applicable.