



JUMPING MOUSE SAFETY PROTOCOLS DURING COVID-19

Updated May 2021

The Jumping Mouse model is based on the trusted relationship between the therapist and the child and/or caregiver. This core value will be always at the center of our work and will guide us as we compassionately implement protocols with the following guiding principles:

- **To ensure the safety of our clients, staff, and community.**
- **To provide the best and most effective care for our kids, while minimizing the risk of spreading the coronavirus.**
- **To ensure that our services are sustainable for our therapists and organization.**

The following protocols are based on guidelines from Washington State, the Center for Disease Control (CDC), and in consultation with our local health department, Jefferson County Public Health.

FOR PARENTS AND CAREGIVERS

We have been providing both telehealth and in-person services during the COVID-19 pandemic. These are the guidelines for our in-person services. Before beginning in-person therapy or parent consult, your therapist will have a conversation with you to discuss:

- steps Jumping Mouse is taking to mitigate risks
- any potential concerns about vulnerable members of the family
- our new protocol for when families arrive at Jumping Mouse (see below)

Masking: Jumping Mouse understands that nonverbal cues are a very important part of child-led expressive therapy. Recognizing the therapeutic benefit of one-on-one therapy without masks, child therapy can take place unmasked if a therapist is fully vaccinated. In such cases, the therapist will communicate first with the family about the potential risk factors and follow the family's decision. If a therapist is not fully vaccinated, both the child and therapist must be masked.

Masking will still be required in the rest of the facility and for parent/caregiver consults.

Before arriving at Jumping Mouse:

Please screen your child (or yourself if you are the client) for symptoms before the appointment, including:

- Fever or chills
- Cough

- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If experiencing any symptoms, you will keep your child home and seek medical guidance. The Jefferson County COVID Nurse line is 360-344-3094.

- If a resident of your home tests positive for the infection, please let your therapist know.

When you arrive at Jumping Mouse:

- Your therapist will meet you and your child in the parking lot. Jumping Mouse doors will remain locked during the day, but you can always call our office with any questions. Our office number is 360-379-5109. Client and therapist will need to be masked upon entering and exiting facility.
- If caregivers remain at Jumping Mouse during their child’s appointment, we ask them to wait in the parking lot.

Your child’s appointment:

- Your therapist and child will wash hands before proceeding to the therapy room, and again after their appointment.
- If your child exhibits symptoms during their appointment at Jumping Mouse, their therapist will inform you to come pick them up.
- We will have windows open for increased ventilation, with specially designed fans to increase air circulation.
- Your therapist will walk your child back out to the parking lot after their appointment.

PROTOCOLS TAKEN BY JUMPING MOUSE DURING COVID-19

Staffing:

- Before staff comes to Jumping Mouse, they will screen themselves and their households for the following symptoms:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea

If experiencing any symptoms, they will be asked to stay home and seek medical guidance. The Jefferson County COVID Nurse line is 360-344-3094.

- If staff becomes sick while at Jumping Mouse, they will go home and seek medical guidance.

Sanitation:

- Therapists will be sanitizing all toys, other items, furniture, surfaces, and spaces at the end of each day and between appointments when necessary. Jumping Mouse has purchased sanitizing tools used by daycares and schools for this task (<https://evaclean.com/products/protexus-cordless-electrostatic-sprayers>)

Ventilation:

- Jumping Mouse windows will be open and all rooms will be well ventilated between appointments to increase airflow.
- Bathroom fans will be on and windows open if applicable.