



JUMPING MOUSE SAFETY PROTOCOLS DURING COVID-19

August 2020

The Jumping Mouse model is based on the trusted relationship between the therapist and the child and/or caregiver. This core value will be always at the center of our work and will guide us as we compassionately implement protocols with the following guiding principles:

- **To ensure the safety of our clients, staff, and community.**
- **To provide the best and most effective care for our kids, while minimizing the risk of spreading the coronavirus.**
- **To ensure that our services are sustainable for our therapists and organization.**

The following protocols are based on guidelines from Washington State, the Center for Disease Control (CDC), and in consultation with our local health department, Jefferson County Public Health.

FOR PARENTS AND CAREGIVERS

We have been providing telehealth services during the COVID-19 pandemic. Beginning in September, some of our therapists will be offering in-person services. We have found both of these therapeutic mediums to be very helpful to the children we are serving. We cannot guarantee in-person services at this time, as your child's placement with a therapist will depend on your child's needs and therapist fit, rather than whether the therapist is providing telehealth or in-person services. However, you can always request telehealth services at any time during the pandemic. Before beginning in-person therapy, your therapist will have a conversation with you to discuss:

- steps Jumping Mouse is taking to mitigate risks
- any potential concerns about vulnerable members of the family
- our new protocol for when families arrive at Jumping Mouse (see below)

Before arriving at Jumping Mouse:

Please screen your child for symptoms before their appointment, including:

- Fever or chills
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache

- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

If experiencing any symptoms, you will keep your child home and seek medical guidance. The Jefferson County COVID Nurse line is 360-344-3094.

- If a resident of your home tests positive for the infection, please let your therapist know.

When you arrive at Jumping Mouse:

- Your therapist will meet you and your child in the parking lot. Jumping Mouse doors will remain locked during the day, but you can always call our office with any questions. Our office number is 360-379-5109.
- Your child must wear a mask (if you need a mask for you or your child, please let your therapist know. We have masks on hand at Jumping Mouse). Your child’s therapist will also be wearing a mask.
- Your therapist will take your child’s temperature and ask you if your child has been exhibiting any of the previously listed symptoms. If temperature is 100.4 or higher, your therapist will retake their temperature five minutes later to confirm. If your child has a fever, they will not be able to have their in-person appointment. Their therapist can offer to connect with child via Zoom when they get home if there is sufficient time.
- We are asking caregivers to wait in the parking lot during their child’s appointment.

Your child’s appointment:

- Your therapist and child will wash hands before proceeding to the therapy room, and again after their appointment.
- If your child exhibits symptoms during their appointment at Jumping Mouse, their therapist will inform you to come pick them up.
- In-person therapy sessions will be 45 minutes long to limit length of exposure.
- We will have windows open for ventilation, so please make sure your child is dressed warmly.

- Your therapist will walk your child back out to the parking lot after their appointment.

PROTOCOLS TAKEN BY JUMPING MOUSE DURING COVID-19

Staffing:

- Those staff who are in a high-risk group or have a household member at risk will continue to practice therapy via telehealth.
- Staff schedules will be staggered to reduce the number of staff at Jumping Mouse at any given time. Masks will be worn by all staff and social distancing will be observed.
- Before staff comes to Jumping Mouse, they will screen themselves and their households for the following symptoms:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea

If experiencing any symptoms, they will be asked to stay home and seek medical guidance. The Jefferson County COVID Nurse line is 360-344-3094.

- If staff becomes sick while at Jumping Mouse, they will go home and seek medical guidance. They will inform their families of any potential exposure.
- For staff traveling from out of county:
 - If their county is in Phase One, or there is an outbreak in their community, they will resume telehealth, rather than in-person therapy.

Logging appointment:

- Child's arrival for appointment is logged by therapist on hanging clipboard for potential contact tracing.

Therapy scheduling:

- Appointment start times will be staggered to minimize the number of children and staff in common areas at one time.
- There will be one therapist at a time using either the downstairs space, or the upstairs space. Therapists and clients using the upstairs space will enter/exit through the Jumping Mouse front door. Therapists and clients using the downstairs space will enter/exit using the back door.
- Therapy sessions will be 45 minutes long to reduce exposure time.
- We are not offering in-person parent meetings at this time.

Sanitation:

- Jumping Mouse has removed toys that are difficult to sanitize, such as puppets and stuffed animals.
- Therapists will be sanitizing all toys, other items, furniture, surfaces, and spaces used after each appointment. Sufficient time (at least 30 minutes) will be left between appointments to allow for time to sanitize. Jumping Mouse has purchased sanitizing tools used by daycares and schools for this task (<https://evaclean.com/products/protexus-cordless-electrostatic-sprayers>)
- Staff will sanitize Jumping Mouse entry/exit door handles, office spaces, and shared spaces at midday and end of day.

Ventilation:

- Jumping Mouse windows will be open and all rooms will be well ventilated to increase airflow. To maintain privacy and air circulation, there will only be one therapist using the upstairs and one downstairs at any time.
- Bathroom fans will be on and windows open if applicable.

Telehealth:

Jumping Mouse may return to full telehealth services if:

- Jefferson County goes to Phase One.
- There is a major outbreak in our community.

Your therapist will communicate with you if this occurs.