Transforming lives through expressive mental health therapy

jumping mouse CHILDREN'S CENTER

MISSION STATEMENT

Jumping Mouse Children's Center transforms children's lives by providing expressive mental health therapy for as long as necessary. We nurture each child's healthy development and supportive relationships at home and in the community.

2018 Annual Report

Devon's Family Tree

magine drawing your family tree when you were a young child. Were you not sure how you fit? Was it challenging to try to include the multiple people who played different roles in your life?

For many of our kids, navigating a complex family can be confusing and overwhelming. They may have multiple stepparents and stepsiblings in two or more families, or they may move between the homes of aunts, grandparents, and parents, depending on who is able to care for them.

Eight-year-old Devon* wanted her therapist to really understand her family's story, so together they mapped out a version of her family tree. Both mom and dad had remarried other people and then divorced. Her stepdad no longer wanted a relationship with her. Dad is now married again, with a new baby, while mom has a new boyfriend. The complexity of relationships raised a lot of questions for Devon: Where did her allegiances lie? Why didn't her stepdad want to see her anymore? Where did she fit, in this complicated web? Who was in charge of taking care of her?

Mapping out her family tree was important to Devon, both for her own understanding and for her

Dad — Stepmon 2

I new stepsibling stepsibling

Me sibling

Stepsibling

Mon — stepdad — stepsibling

New / stepsibling

sibling stepsibling

new boyfriend

his child

therapist's. Our role at Jumping Mouse is not to simplify her story but to be present and attentive to her telling, without time constraints or preconceived conclusions. Meanwhile, we work with all of her parents and caregivers to help them understand Devon's needs and build a stable home for all of their children. Together, we do our best to understand the past, work in the present with the tools we share, and provide a safe space for Devon to process her own experiences and heal.

"The care and acceptance found at Jumping Mouse is second to none.

The staff are more than willing to work with your schedule and help
you help yourself. My child treasured her time spent here. She will
have positive memories of her time, for years to come. This program
takes a difficult situation and helps turn it into something beautiful."

^{*}Name and other identifying details have been changed to protect confidentiality.

2018 Impact Report

"Incredibly caring and committed! Jumping Mouse sticks with kids and families as long as it takes. They are committed to access for all, regardless of resources." ~ Parent

According to the National Center for Children in Poverty, 75% to 80% of children in need of mental health services do not receive them, with children from low-income families being disproportionately affected.

Jumping Mouse exists to address this need.

129 children attended one-on-one weekly therapy 174 parents and caregivers sessions for as long as they needed, received monthly and on-call support and with no financial barriers to care. education, with 23 also receiving weekly or biweekly support as part of our Securing Connections parenting program. **1,962 hours** 21 educators were donated by intern and received training on the extern therapists, allowing effects of trauma on young Jumping Mouse to serve children, as well as support in 20% more children. meeting children's emotional needs in the classroom. 414 donors and volunteers made this work possible.

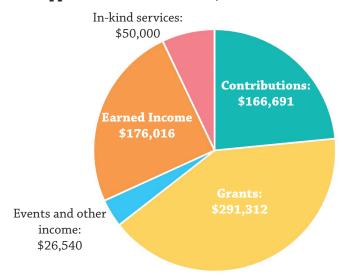
Last year, 91% of kids successfully completed therapy, or are continuing their therapy this year at Jumping Mouse. At the close of therapy:

- **85%** of parents agreed that their child "communicates his/her feelings or needs," compared to 23% before Jumping Mouse;
- **91%** agreed that they "understand their child's point of view," compared to 53% before Jumping Mouse; and
- **91%** agreed that they "know who to contact in the community when they need help or advice," compared to 71% before Jumping Mouse.

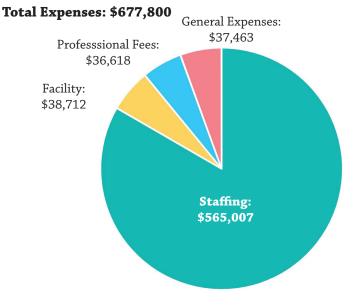
2018 Financial Report

Support and Revenue

Total Support and Revenue: \$710,559



Expenses



2018 Operating result, including depreciation: \$32,759

Only 25% of our services are covered through health insurance payments. Thanks to support from people like you, children can come to Jumping Mouse for as long as they need to heal.

2018 FOUNDATION, CORPORATE, AND GOVERNMENT GRANTS

Costco Wholesale D.V. and Ida J. McEachern Charitable Trust Forest Foundation Jefferson County 1/10th of 1% Sales Tax Fund The Marion E. Kenworthy-Sarah H. Swift Foundation May and Stanley Smith Charitable Trust The Norcliffe Foundation NW Children's Foundation OneFamily Foundation Port Townsend Rotary Club Stranahan Foundation United Good Neighbors of Jefferson County

Staffing is our biggest expense because our program depends on people. Our therapists are experts in creative therapy and have advanced training in the fields of sexual assault and abuse, attachment disorders, adoption and foster care therapy, and parent education.

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Save the Date - May 8

Jumping Mouse is excited to once again participate in our region's BIG online giving day, coming on May 8! Mark your calendar to GiveBIG to Jumping Mouse kids! Find out more at www.givebig2019.org..

Jumping Mouse is inspired by a Native American legend of a small creature who dreams of a new way. He journeys into the world beyond the familiar, with compassion and awareness. He grows, discovers his strengths, and transforms into Eagle. Like the myth, our children's center is about offering the tools that will assist each child in meeting the challenges of daily life.

1809 Sheridan Street
Port Townsend, WA 98368
(360) 379-5109
www.jumpingmouse.org
info@jumpingmouse.org

